



**Castle Rock Club Officers:**

**President** – Mark Cucarola  
**President Elect**  
**Secretary** – Debbie Trent  
**Treasurer** – Tom Lambert  
**Immediate Past President** – Debbie Trent

**Directors:**

**Dick Harding** 2025  
**Dennis Magyar** 2026  
**Robin Scurto** 2027

**Division 15 Lt. Governor** James Martin  
**District Governor** Kathryn Williams  
**District Secretary** Josephine Young

**Membership Dues** are \$250.00 per year.

**New Members** pay a one time \$50.00 New Member Fee + annual dues

**Breakfast** is \$18.00.

**2024-2025 Committee Chairs:**

**Human & Spiritual Values** -  
**Social Programs** - Ron Polomsky  
**K-Kids Advisor** - Dick Harding  
**Builders Club Advisor** - Robin Scurto  
**BUG Advisor** - Bill Bragg

**2024-2025 Foundation Chair**

Darlene Jeffrey

**Weekly Meetings:**

7am 1st & 3rd Thursdays, 7 AM

Trestles Restaurant

880 Happy Canyon Road

Castle Rock, CO 80109

Club website: [www.castlerockkiwanis.org](http://www.castlerockkiwanis.org)  
 Club Email: [crkiwanis@gmail.com](mailto:crkiwanis@gmail.com)  
 Kiwanis website: [www.kiwanis.org](http://www.kiwanis.org)  
 Club Address: PO Box 222, Castle Rock, CO 80104  
 RMD website: <https://k24.site.kiwanis.org/>  
 Club Phone Number: 303-475-6130  
 Club Facebook site: <https://www.facebook.com/CRKiwanis>



# Kiwanis® CASTLE ROCK

Monthly Newsletter – February

*Kiwanis is a global organization of volunteers dedicated to improving the world one child and one community at a time.*



**Pam Krotchko February 23**

## MEETINGS, PROGRAMS, ACTIVITIES

**February 6** Breakfast Meeting—Marty Hodits, Blue Angels  
**February 11** Board of Directors Mtg-5:30 pm/Zoom  
**February 14** Valentine’s Day  
**February 17** President’s Day  
**February 20** Breakfast Mtg  
**March 6** Breakfast Mtg  
**March 11** Board of Directors Mtg-5:30 pm/Zoom  
**March 17** St Patrick’s Day  
**March 20** Breakfast Mtg-Jodi Little, DCSD Hearing Program



**Welcome to our newest member, Pam Krotchko, currently working with The Aspen Effect. She is a great addition to our club!!**

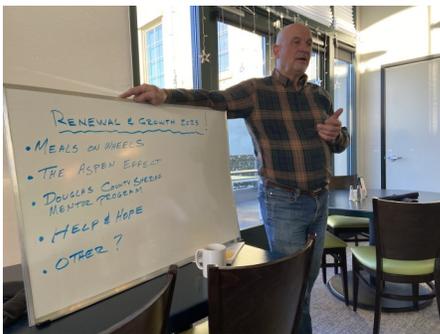


# \*\*\*NEWS\*\*

## Renewal and Growth 2025

Our meeting on January 16 was a discussion about the future strategy of our Club. We will have volunteer opportunities to deliver meals for Nourish Meals on Wheels one day a week. We will also be touring The Aspen Effect in February to talk about mentoring opportunities for teens dealing with depression. There will also be opportunities to work with youth through the Castle Rock Police Department

With these and other opportunities, we hope to be able to attract new members and do something good in our community. Let's invite people to join us.



## Help and Hope Center

One of our speakers this month was Steve Rivoir, Hope and Help Center.

Together, we'll help over 30,000 people this year by providing emergency assistance in Douglas and Elbert Counties

They include the unhoused or those in danger of losing their homes, seniors on fixed incomes, single parents, those who have become full-time caretakers for family members, two-income households and many others. In 2023, we provided the following assistance to our community:

**\$208,167**

in housing assistance

**\$110,307**

in Christmas and birthday gifts

**\$2,638,714**

in food, clothing & household items distributed

**\$277,789**

in utility assistance



# Key Leaders of tomorrow

By Julie Matuszewski; photos courtesy of Chris Scurto

Kids need adults who care. Kiwanis International is a club that consists of a local group of volunteers who serve their communities around the world. The members strive to be a positive influence on youth. The Village at Castle Pines resident Chris Scurto is one of those volunteers. He is enthusiastic about today's youth and hopeful for their future.

Chris has been a member of the Rocky Mountain District of Kiwanis (RMDK) and a Key Leader chair for six years. His business mind and initiative were just what RMDK needed to expand the Kiwanis Key Leader (KL) program throughout Colorado communities.

KL is a weekend leadership program for high school and graduating eighth grade students. The mission is to inspire young people to achieve their personal best, become more confident, and maximize their potential through service leadership.

KL activities focus on five key areas: creating values-based leadership, building meaningful relationships and communities, respect for self and others, personal growth and personal integrity.

The program takes inspiration from the principles of servant leadership, which asserts that leadership starts with being a servant to those you are leading.

Chris is making sure the KL program is sustainable year in and year out and removes any burdens, primary financial, from the kids. Kiwanis will never turn away a kid. If they do, "We miss out on the next Einstein of the future and that worries me," said Chris.

"Key Leader has given me so many amazing memories and new ways to work through difficult leadership situations," said Chloe S., a KL student participant.

The RMDK includes Colorado, Wyoming and the panhandle of Nebraska. It hosts two KL sessions each fall in Casper, Wyoming, and Estes Park. Each session can host 60 student participants, which includes eight small group leaders (also called neighborhood leaders), and is facilitated by highly qualified and leadership professionals.

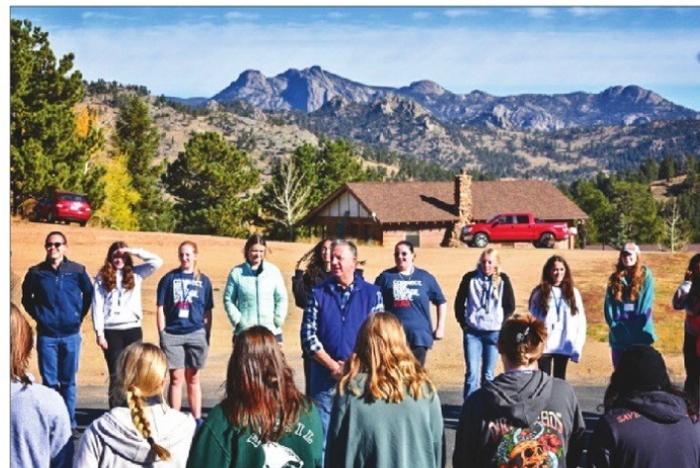
Students who have been through the program return to the KL sessions to lead the small groups, where they gain firsthand experience managing activities with their peers and learning to collaborate, even with some of the more reticent participants. This experience serves them regardless of what they go on to next in life.

"Colleges, universities and institutions are looking for students with real world experience with leadership," said Chris.

Sierra, a student participant, agreed that KL taught her how to build a better



Scott Johnson, a management and organizational leadership consultant, takes the Key Leader group through an exercise in which youth need to get on the log and organize themselves by various factors and data without stepping off the log. The students learn to physically support one another as they traverse the log.



With YMCA of the Rockies in Estes Park as the backdrop, the goal for the students at the Kiwanis Key Leader session is to form a perfect square while blindfolded and few group members being able to speak. The exercise explores various communication and leadership styles.

community by being a good leader. "You also get to meet so many people your own age and make great connections," added Sierra.

It is a safe environment for kids to communicate and to fail. "Kids learn when they fail; they also survive that failure with the proper leadership and communication tools," concluded Chris. To learn more, visit [www.key-leader.org](http://www.key-leader.org).

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# Service Projects

## VOLUNTEER



**Look for more volunteer opportunities. We will be announcing more opportunities soon. Please let us know if you have suggestions.**

### Ways to support the Kiwanis Club of Castle Rock Foundation

**In support of the Kiwanis Club of Castle Rock, Charitable non-profit contributions may be made to:**

**The Kiwanis Club of Castle Rock Foundation  
PO Box 222, Castle Rock, CO 80104  
Tax ID 20-4888128 (501c3)**



Support your Kiwanis Club of Castle Rock by enrolling your King Soopers Card in the Community Rewards Program. King Soopers will donate to the club based on a percentage of your purchases. To enroll, go to [www.kingsooperscommunityrewards.com](http://www.kingsooperscommunityrewards.com); create a digital account and link your card to Kiwanis Club of Castle Rock Community Foundation #IT702

**Volunteers** are the of **Nourish Meals on Wheels**

Enrich the lives of older adults by providing nutritious meals and services that promote dignity, well-being, and independence.

**Join Our Team!**

Deliver hot, nutritious meals and create warm, friendly connections

**Nourish Volunteers...**

- ♥ deliver more than 200,000 meals a year.
- ♥ offer warm smiles on a chilly day.
- ♥ celebrate the little things.
- ♥ share joyful moments of birthday cheer.
- ♥ provide treats for much-loved pets.
- ♥ create a sense of belonging.

**Our greatest need...**  
Volunteers to deliver to clients in Parker, Castle Rock, Lone Tree, and Highlands Ranch!

**Delivering at a Glance**

- ▶ Approx. 3 hrs/wk (10:30am-1:30pm, Mon-Fri)
- ▶ Pick-up freshly made meals at our Littleton location
- ▶ Deliver meals and connect with older adults on your route
- ▶ Weekly drivers & substitutes needed
- ▶ Background check & valid driver's license required
- ▶ Volunteer orientation & training provided

Visit our website for details and more ways to get involved!  
**(303) 798-7642** [NourishMealsOnWheels.org/volunteer](http://NourishMealsOnWheels.org/volunteer)  
Location: 92 E. Arapahoe Rd, Littleton, CO 80122 Mailing Address: PO Box 3108, Centennial, CO 80116



### Support Sweet Dream in a Bag

Our Mission Sweet Dream in a Bag is a 501 (c) (3) Public Charity that gifts children living in poverty with a new bedding package. The children usually reside in a temporary home or attend a head start school as their family is attempting to rebuild their lives. Sweet Dream's passion is to offer the entire family acceptance, love, encouragement and hope. Donate today! Every \$50 donation will provide a warm cozy bedding package for a child in need. [www.sweetdreaminabag.org](http://www.sweetdreaminabag.org) Our mailing address is: 9249 S. Broadway, Unit 200, Suite 198, Littleton, CO 80129