



Castle Rock Club Officers:

President – Mark Cucarola
 President Elect
 Secretary – Debbie Trent
 Treasurer – Tom Lambert
 Immediate Past President – Mark Cucarola

Directors:

Dick Harding 2027
 Dennis Magyar 2027

Division 6 Lt. Governor Debbie Weule
 District Governor Carol Chiarito
 District Secretary Kristen Litz

Membership Dues are \$250.00 per year.

New Members pay a one time \$50.00 New Member Fee + annual dues

Breakfast is \$20.00.

2024-2025 Committee Chairs:

Human & Spiritual Values -
 Social - Ron Polomsky
 Programs - Dick Harding
 Key Club Advisor - Bill Bragg
 BUG Advisor - Bill Bragg

2025-2026 Foundation Chair

Darlene Jeffrey

Weekly Meetings:

1st & 3rd Thursdays, 7:30 AM

Trestles Restaurant

880 Happy Canyon Road

Castle Rock, CO 80109

Club website: www.castlerockkiwanis.org
 Club Email: crkiwanis@gmail.com
 Kiwanis website: www.kiwanis.org
 Club Address: PO Box 222, Castle Rock, CO 80104
 RMD website: <https://k24.site.kiwanis.org/>
 Club Phone Number: 303-475-6130
 Club Facebook site: <https://www.facebook.com/CRKiwanis>



Kiwanis®

CASTLE ROCK

Monthly Newsletter – September

Kiwanis is a global organization of volunteers dedicated to improving the world one child and one community at a time.



Sam Keck September 27

MEETINGS, PROGRAMS, ACTIVITIES

September 3 Breakfast Mtg-Rob Osborn, CORE
 September 8 Board of Directors Mtg-5:30 pm/Zoom
 September 17 Breakfast Mtg-Meghann
 Guentensberger, The Mane Mission
 October 1 Breakfast Mtg
 October 9 Officer Installation Dinner, Perry Park
 Golf Club; 6:00 pm
 October 13 Board of Directors Mtg-5:30 pm/Zoom
 October 15 Breakfast Mtg



CASTLE ROCK KIWANIS INSTALLATION OF OFFICERS

We will be celebrating the Installation of Officers on
 October 9th, 6:00 pm at Perry Park Golf Club.

Officers

President—Sam Keck
 Treasurer—Tom Lambert
 Secretary—Debbie Trent

Directors

Dick Harding, Dennis Magyar, Dave Shipley



The Aspen Effect

The Aspen Effect is going through the Strategic Planning process to make sure that the organization grows in a meaningful way. Jerry Van Lueven explained that they are changing the focus to include the entire family. They are adding parent support programs and focusing on the resilience. Their website is offering more resources to assist both parents and clients.

The impact is showing that parents are experiencing a difference in their teens and family interaction. They see a lasting impact with strong community trust. They are also growing to meet the needs of 200 to 300 kids.

They need more mentors and volunteers with the growth they are projecting in the next 5 years.

The magic is the paring of Child and Mentor.



****NEWS****



From Silenced to Saved Friends of Maggie

Our guest for our August 20th meeting was Barbara Bird, From Silenced to Saved. They represent an organization that deals with childhood sexual exploitation. Kids are usually between 12 & 14 when they enter sexual exploitation. They are not usually kidnapped but groomed and lured. They hide in plain sight. Kids are usually found at sports events or public events. It takes 15 to 20+ days to entice mostly girls.

They are the only organization approved to work with State and Federal law enforcement in Colorado. They bridge a gap law enforcement can't reach. Police make sure they let the girls know that they are not there to arrest them but to protect them.

FSTS stays with the girls through the legal process. Housing is usually a problem. Legislative issues affect the "buyers". They serve at least a year in jail. Colorado also has strict laws for the traffickers.

Community organizations are given training to work with these young girls. Specifically hospital staff, law enforcement and judges.

They have trained 6800 people, have served 483 victims, of which 39 were babies born while in this situation. An average case load is 60.

Friends of Maggie provides tangible items and outreach ministry. This part of the organization started with a girl who got pregnant and wanted to protect her baby.

**IF YOU SEE SOMETHING SAY
SOMETHING**

The Kiwanis Rocky Mountain District Key Leader program

This program is a weekend leadership training for Key Club officers, members and other high school students.

I am passionate about the Key Leader program because I have witnessed the impact this weekend has on the kids who attend. In three action-packed days, high school students from diverse backgrounds come together to learn about themselves and each other. They build self-confidence through experiences from workshops to team building activities. They work with others to create a sense of community. And they learn what true leadership is all about — helping others succeed.

The next Key Leader event is:

Estes Park, Colorado, October 16 – 18, 2026

The RMD Key Leader Committee works year-round to prepare, promote, and implement the Key Leader events. The school summer pause provides the committee with the opportunity to bring you and your Kiwanis Club up to date on our progress and planning for our 2026 programs.

Last year more than 100 kids attended the Rocky Mountain District (RMD) Key Leader programs. When we asked the kids who attended what other kids should know about Key Leader, this was their response.

“Not only will you meet new people and learn how to be a good leader, but you’ll also find yourself during the experience. Enjoy yourself and have fun.” -Kenny B

“Key Leader is an amazing opportunity to broaden your perspective on life and leadership. Key Leader will also expand your knowledge on leadership beyond your imagination.” - Bryce H

As you can expect, it takes a lot of work to hold these Key Leader events, and we are hoping you and your club can help make this year’s events successful. There are 3 ways you can help us develop today’s youth into the service leaders of tomorrow.

- **Help us get the word out in your community.** Attached you will find information that you can share with your members. Please ask them to share it forward to anyone they know that can help us get the word out to kids. That could be sharing with neighbors, grandparents, teachers, advisors to clubs at school or clubs like 4H, youth groups at church, or student

- **Financial support.** The Key Leader committee strives to keep this program accessible to all students who want to attend. We have been able to limit the cost for each student to \$50 while the total event cost is around \$550 per student. The difference is covered by generous donations from district Kiwanis clubs, individuals and grants. We currently have a grant in place that each year makes a 100% match to all other funds we raise for the program. Any amount that your club would be willing to donate to our Key Leader program would be both wonderful and useful. Our funds are held in a separate account in the (501C3) Rocky Mountain District Foundation. It can be accessed using the following QR code.



Finding new committee members. We are always looking for new members to join the Key Leader Committee. Currently we are looking for new committee members to help with communications, marketing, social media work and making phone calls to Key Club Faculty Advisors. If anyone in your club is interested in being a part of the committee, we would love to talk to them.

If you have any questions, please feel to reach out to any of the following Key Leader Committee members.

Janelle Saar 720-917-5444 Janellesaar@gmail.com

Chris Scurto 303-884-1499 chris@scurto.org



Service Projects

VOLUNTEER



Look for more volunteer opportunities. We will be announcing more opportunities soon. Please let us know if you have suggestions.

THANK YOU

to Kimberly Krueger for her donation of Graphics to our Golf Tournament.



Kimberly Krueger // Principal
kim@krucreative.com

In support of the Kiwanis Club of Castle Rock, Charitable non-profit contributions may be made to:

The Kiwanis Club of Castle Rock Foundation
PO Box 222, Castle Rock, CO 80104
Tax ID 20-4888128 (501c3)



Support your Kiwanis Club of Castle Rock by enrolling your King Soopers Card in the Community Rewards Program. King Soopers will donate to the club based on a percentage of your purchases. To enroll, go to www.kingsooperscommunityrewards.com; create a digital account and link your card to Kiwanis Club of Castle Rock Community Foundation #IT702



Douglas County High School Key Club

The DCHS Key Club is beginning this month. Here are a few dates Kristy McNary and Bill Bragg would like to add to your calendar. We are very proud of these young students and all of their leadership abilities.

- 1) Key Club will be meeting in the library AFTER school this year on Wednesdays from 3:00 - 3:45.
- 2) Back to School Bash (introducing students to Club opportunities is Thursday August 20th from 5:30 - 7:30.
- 3) Tuesday September 1st from 9:30 am - 11:00 am is Activities Fair where students sign up for Clubs.
- 4) Wednesday September 9th from 3:00 - 3:45 - 1st Key Club meeting in library.

Volunteers
 are the  of
Nourish
 Meals on Wheels

Enrich the lives of older adults by providing nutritious meals and services that promote dignity, well-being, and independence.

Join Our Team!

Deliver hot, nutritious meals and create warm, friendly connections

Nourish Volunteers...

- ♥ deliver more than 200,000 meals a year.
- ♥ offer warm smiles on a chilly day.
- ♥ celebrate the little things.
- ♥ share joyful moments of birthday cheer.
- ♥ provide treats for much-loved pets.
- ♥ create a sense of belonging.

Our greatest need...
 Volunteers to deliver to clients in Parker, Castle Rock, Lone Tree, and Highlands Ranch!

Delivering at a Glance

- ▶ Approx. 3 hours bi/week (10:30am-1:00pm; Mon-Fri)
- ▶ Pickup freshly made meals at our Littleton location
- ▶ Deliver meals and connect with older adults on your route
- ▶ Weekly drivers & substitutes needed
- ▶ Background check & valid driver's license required
- ▶ Volunteer orientation & training provided

Visit our website for details and more ways to get involved!

(303) 798-7642 NourishMealsOnWheels.org/volunteer

Location: 92 E. Arapahoe Rd, Littleton, CO 80122 Mailing Address: PO Box 3108, Centennial, CO 80116